

Breakfast Menu

BREAKFAST ROLLS

with ketchup, brown sauce or marmite.

Scallop & smoked bacon	14
Smoked bacon	8
Field mushroom & potato	8
Sausage	8
Flaked smoked trout, scrambled eggs, sourdough, watercress	12
3 egg Crab and Gruyere omelette	18
Full Cornish; <i>sausage, bacon, hogs pudding, field mushroom, fried egg, toast</i>	12
veggie/ vegan: <i>rosti, field mushroom, spinach, tomato , poached egg, toast</i>	12
Waffle, <i>berry compote, yoghurt, maple syrup</i>	10

Selection of pastries & cakes

Our ethos here is centred around providing fresh, local, and sustainable seafood. To do this we work proudly with our local fishermen and suppliers including Ned Bailey of Mylor, Mylor Fish Shop and Cornwall Fish Direct of Newlyn.

An allergens menu is available upon request for those with any allergies or dietary requirements. Please inform your server of any allergens when placing your order. Guests with severe allergies should be aware that although due care is taken there is a risk of allergens being present.

Please note we include a discretionary 12.5% service charge on the bill.

